

# Gratitude Jar Ideas

JAM TART BOUTIQUE

Print and cut into strips. Fold strips and put into a jar. Take turns pulling out a strip and each person takes a turn answering what they are grateful for.

A person I am grateful for

A person outside of my family I am grateful for

An animal I am grateful for

A historical figure I am grateful for

A memory I am grateful for

A place I am grateful for

A book I am grateful for

A friend I am grateful for

A movie I am grateful for

Something hard I am grateful for

A talent I have that I am grateful for

Something about my city I am grateful for

Something about my school I am grateful for

Something about my state I am grateful for

Something that always makes me happy

Something that happened last week that I am grateful for

An experience or vacation I am grateful for

A sound I am grateful for

A family tradition I am grateful for

A day of the week I am grateful for and why

A tool I am grateful for

Something in my house I am grateful for

Something small I am grateful for

An article of clothing I am grateful for

Something cozy I am grateful for

Something sweet I am grateful for

Food I am grateful for

A season I am grateful for

A hobby I am grateful for

A smell or scent I am grateful for

